



Good Companions 50 Plus Club

September 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:30am Bridge 10:30am Beginner Wood Carving 12:30pm Bingo 1:45pm Line Dancing	2 9:30am Walking Club 2pm Men's Shed	3 9:30am Bridge 9:45am Floor Curling 1pm Birthday Luncheon	4 Move N' Mingle 11:30am Tai Chi 12:30pm Aim & Game	5 7pm Pub Night
6	7 Labour Day - Club Closed	8 9:30am Bridge 10:30am Beginner Wood Carving 12:30pm Bingo 1:45pm Line Dancing	9 9:30am Walking Club 2pm Active Aging Yoga 2pm Men's Shed	10 9:30am Bridge 9:45am Floor Curling 1:30pm ETP Canada Estate Planning	11 Move N' Mingle 11:30am Tai Chi 12:30pm Aim & Game 1:30pm Rhythm Kats	12 2pm Free Concert
13 Move N' Mingle 10am Cards & Coffee 12:30pm Heart & Soul Singers 1:30pm Club Español 2pm Square Dancing	14	15 9:30am Bridge 10:30am Beginner Wood Carving 12:30pm Bingo 1:45pm Line Dancing	16 Hearing Clinic 9:30am Walking Club 2pm Active Aging Yoga 2pm Men's Shed	17 9:30am Bridge 9:45am Floor Curling 5pm Sock Hop Social Supper	18 Move N' Mingle 11:30am Tai Chi 12:30pm Aim & Game 1:30pm Rhythm Kats	19
20 Move N' Mingle 10am Cards & Coffee 11:30am Ukulele Lessons 12:30pm Heart & Soul Singers 1:30pm Club Español 2pm Square Dancing	21	22 9:30am Bridge 10:30am Beginner Wood Carving 12:30pm Bingo 1:45pm Line Dancing	23 12pm Walking Club Wind-up at Wellings 2pm Active Aging Yoga 2pm Men's Shed	24 9:30am Bridge 9:45am Floor Curling 10am Day Trip: High River	25 Move N' Mingle 11:30am Tai Chi 12:30pm Aim & Game 1:30pm Rhythm Kats	26
27 Move N' Mingle 10am Cards & Coffee 11:30am Ukulele Lessons 12:30pm Heart & Soul Singers 1:30pm Club Español 2pm Square Dancing	28	29 9:30am Bridge 12:30pm Bingo 1:45pm Line Dancing	30 Truth & Reconciliation Day - Club Closed			

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